



RCYC TRINITY RACE
(an element of the COGS Offshore Series 2019)
Saturday 18th to Monday 20th May 2019

Organising Authority: RCYC Events Ltd,
Falmouth, Cornwall, UK
in conjunction with the Royal Cornwall Yacht Club

SAILING INSTRUCTIONS

1 RULES

- 1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS). Rules are changed as follows:
- (a) RRS Part 2 shall not apply between the hours of local sunset and sunrise, and shall be replaced by the right-of-way rules of the International Regulations for Preventing Collisions at Sea (IRPCAS);
 - (b) Rules 26, 27 and 29 – see SIs 4.2 & 11.3
 - (c) RRS A4.1 is changed to implement a starting window (see SI 11.4);
 - (d) RRS 35 will not apply (see SI 13).
- 1.2** IRC Rules, Parts A, B and C will apply
- 1.3** ISAF Offshore Special Regulations (OSR) 2018-19 will apply. The regatta is classified as “Category 3 with Life Raft”.
- 1.4** Local regulations will apply concerning safe navigation in close proximity of moorings, large vessels constricted in their ability to manoeuvre, and dive vessels (see section 10).

2 NOTICES TO COMPETITORS

Notices will be displayed on the sailing notice board at the RCYC.

3 CHANGES TO SAILING INSTRUCTIONS

Changes to the sailing instructions will be published on the official notice board before 0900 on Saturday 18th May. Changes may also be published on the RCYC and COGS websites, and the race officer may also give verbal information on marine VHF Ch. 69.

4 SIGNALS MADE ASHORE

- 4.1** Signals made ashore, including postponement and abandonment signals, will be displayed on the signals mast at the RCYC.
- 4.2** No visual signals, including starting signals, will be made at Pendennis Point (see SI 10.3). This changes rules 26, 27 and 29.

5 SCHEDULE OF RACES

Date	Class	Warning signal
Saturday 18 th May	IRC & SWYTC	1055

6 CLASS FLAGS

Class flags shall be flown from backstay or mainsail leech as follows:

Class	Flags
IRC	IC "1" and "Z"
SWYTC	IC "E" and "Z"

7 RACING AREA

The start will be at Pendennis Point. The racing area will be the Cornish coast from Eddystone Rock to Wolf Rock.

8 THE COURSES

- 8.1 The course will be selected from the numbered courses below, and will depend on wind strength and direction. The course to be sailed will be signalled by broadcast by the race officer on VHF Ch 69 approximately 20 minutes before the start.

Course 1

135nm approx.
Hand Deeps (S)
Eddystone Light (S)
Wolf Rock Light (S)
Finish

Course 2

135nm approx.
Wolf Rock Light (P)
Eddystone Light (P)
Hand Deeps (P)
Finish

- 8.2 The rounding marks may have outlying rocks and reefs. Care in navigation should be observed at all times.

9 MARKS

Name	Description	Approximate Position
Eddystone Light	Lighthouse	N50° 10'.84 W004° 15'.94
Hand Deeps	West Cardinal buoy	N50° 12'.68 W004° 21'.10
Wolf Rock Light	Lighthouse	N49° 56'.72 W005° 48'.57

10 AREAS THAT ARE OBSTRUCTIONS

- 10.1 Mooring areas. The mooring areas on either side of the fairway leading to the RCYC are designated as exclusion zones. No boat shall cross straight lines between the outer line of mooring buoys (whether a vessel is attached or not) on either side of the fairway.
- 10.2 Merchant and naval shipping. Areas around merchant and naval vessels under way and constricted in their ability to manoeuvre are designated as moving exclusion zones. Such exclusion zones extend to 100m on all sides of the vessel and include tugs, pilot boats and safety boats escorting the vessel. No boat shall enter the exclusion zone, and, if becalmed, shall endeavour to use other means of propulsion to move out of the way. This should only be sufficient to move out of the exclusion zone, and the distance travelled should be the shortest necessary to keep clear. Competitors who unnecessarily interfere with shipping bring the sport into disrepute and risk reporting by the race committee under RRS 69 – Gross Misconduct. A complaint by the Harbour Authority will initiate a report by the race committee.

- 10.3** Diving activity. Exclusion zones extend 30m around a dive boat displaying international code flag "A", an orange pillar mark indicating a diver beneath the surface, and a diver on the surface. No boat shall enter the exclusion zone.

11 THE START

- 11.1** The start line will be a line extending east from a transit formed by the orange triangle and the PoFSA signals mast on Pendennis Point at the west side of the entrance to Falmouth Harbour. Boats shall start by crossing from north to south. The line will be bounded at the port end by the Black Rock isolated danger mark, and at the starboard end by the shore. Black Rock and the shoreline of Pendennis Point have outlying reefs. Competitors are advised to familiarise themselves with the extent of these reefs on the appropriate chart, and keep clear.
- 11.2** An alert signal comprising of one sound signal will be broadcast at 1050.
- 11.3** Starting sound signals and verbal commentary will be broadcast on VHF Ch. 69. Failure to hear or receive this broadcast shall not be grounds for redress. This changes rule 60.1(b).
- 11.4** A boat starting later than 20 minutes after her starting signal will be scored DNS. This changes RRS A4.1.

12 THE FINISH

- 12.1** The finish line will be the RCYC club line, defined by a transit line of the club signal mast and the red and white triangle behind. The line is limited at its port end by the outermost line of moorings and at its starboard end by Flushing New Quay.
- 12.2** All boats shall note their finish time and submit it to the race officer.
- 12.3** Boats finishing during working hours should contact the race officer on VHF Ch. 69 or 07817 059 402 when they are approaching Black Rock on the inbound leg, in order to alert the finishing team.

13 TIME LIMIT

The time limit for all boats is 0800 on Monday 20th May 2019. RRS 35 will not apply.

14 PROTESTS

Protest forms are available from the race office at the RCYC, and shall be lodged with the race officer within one hour of the last boat finishing. Hearings will take place at the RCYC as soon as possible.

15 SAFETY REGULATIONS

- 15.1** Competitors are reminded of their obligations under RRS Fundamental Rule 1.1. Any restrictions on radio communications in these sailing instructions does not relieve boats of their responsibility to maintain a proper radio watch at sea or to implement the correct distress and emergency communications when related to safety of crew, boat and others at sea. Competitors not adhering to this procedure may be subject to protest by the race committee.
- 15.2** All persons-in-charge shall confirm the boat name, sail number and declare the number of people on board via VHF Ch. 69 to the race officer no later than 20 minutes before the start. If the number of crew is less than a number declared beforehand then the person-in-charge shall identify the person or persons who is/are not present.
- 15.3** A boat that retires from the race, or is unable to cross the finish line before the time limit, shall notify the race officer or the race committee by the following means:
- (a) Race officer. VHF Ch. 69 or 07817 059 402 or
 - (b) RCYC Events. 07768 157 287 or
 - (c) RCYC. 01326 312126

16 EQUIPMENT AND MEASUREMENT CHECKS

The OA may inspect boats and equipment for compliance with the rules of the regatta. Inspections will take place in Falmouth before the start and after finishing. On the water a boat can be instructed by the race committee to proceed immediately to a designated area for inspection.

17 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

18 PRIZES

Prizes will be awarded for 1st to 3rd places in each class. The organising authority may also award other prizes depending on the number of entries.

19 RISK STATEMENT

19.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".

19.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions and omissions;
- (d) their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) provision of a race management team, and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) it is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;
- (g) they are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

19.3 The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in this notice of race.

20 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent. Competitors will be required to sign a declaration to this effect at registration.

End of Sailing Instructions

ANNEX - SUPPLEMENTARY INFORMATION FOR COMPETITORS

Friday 19th May

A sailing supper will be served at the RCYC from approximately 2000 on Friday evening primarily for competitors in evening club racing but all are welcome. It would be helpful if Trinity competitors could telephone the club beforehand on 01326 311105 to let the catering staff know if supper is required.

Prize-giving

Prizes will be presented at the COGS end-of-season prize-giving.

During working hours the club launch will convey non-members between boats on moorings and the club. VHF Ch. M1, call sign "Club Launch".